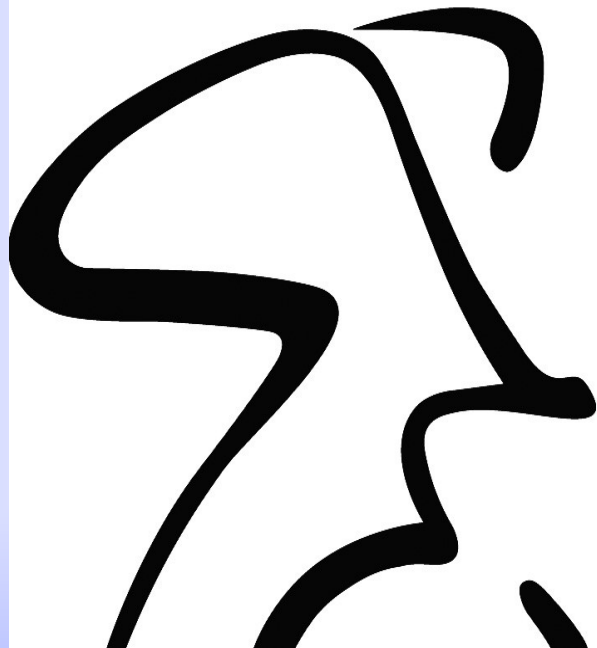




SPINNING has arrived at NYA!

Try a Class with Mario or Brigette!

SPINNING[®]



Wednesday 6:30 — 7:30 PM

Thursday 9:30 — 10:30 PM

Saturday — 9:00 — 10:00 AM

Beginner class — Saturday 10:15 — 10:45