



**PERFORMANCE TRAINING  
CONTRACT**



[ \_\_\_\_\_ ] [ \_\_\_\_\_ ] [ \_\_\_\_\_ ]

Name

D.O.B.

Address

My Child (above) has decided to work with a performance trainer for the following program:

**Drop In Group**

Program	# Sessions	Price	Expiration	Check Below
SPEED @NYA	5	\$99	1 month	
	10	\$149	2 months	
	20	\$249	3 months	
Strength @ TFL	5	\$99	1 month	
	10	\$149	2 months	
	20	\$249	3 months	
Combination	20	\$249		
	40	\$449		

**Private**

# Sessions	Price	Check Below
1	\$65	
3	\$186	
6	\$360	
12	\$696	
18	\$990	
24	\$1,200	

# Sessions with Cody	Price	Check Below
1	\$75	
3	\$216	
6	\$420	
12	\$816	
18	\$1,170	
24	\$1,440	

**Quad**

# Sessions	Price	Check Below
4	\$140	
8	\$240	
12	\$300	
24	\$ 480	

Expiration Date

